THE RESEARCHER

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Urvashi Kumar^{1*} <https://orcid.org/0000-0003-4226-4533>

¹Rajarajeswari Medical College and Hospital, Bangalore, India

*Corresponding author:

Urvashi Kumar, Undergraduate Student, Rajarajeswari Medical College and Hospital, Bangalore, India

Twitter handle: @Urvashi98; **E-mail:** urvashi.kumar1998@gmail.com

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Since time immemorial, poetry has been a way for people to express themselves in a way that is unique and creative. Poetry, as a form of literature can be used to seek perspectives that may not be as evident when expressed in prose. Both writing and reading poetry are known to enhance the ability to understand, comprehend and empathise with sorrow, pain, happiness and joy. This in turn, is known to help clinicians connect better with their patients and build better rapport with them [1]. Aside from the above, poetry as a hobby also offers a creative and therapeutic outlet of emotions for doctors to express themselves both scientifically and otherwise [2].

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I aim to find questions
That the world needs answers to
Assumptions that need clarifications
Through and through.

I open doors to critique
That usually make people sway
And that's possibly unique
With research and its ways.

Some courageous ones
Still decide to explore,
Evidence they gather,
A little, then some more.

Studying little by little,
Writing word after word,
Carefully igniting discussions unknown,
Reminding us of research's core.

But these souls are in between and few,
Not many want to explore areas new,
Others just work on other fields in lieu;
Most give up at the beginning and bid adieu.

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ЗЕРТТЕУШІ

Түйін сөздер: адамдар, оқу, хобби, бақыт, хат, эмоциялар, дәрігерлер, қайғы, ауырсыну

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ИССЛЕДОВАТЕЛЬ

Ключевые слова: люди, чтение, хобби, счастье, письмо, эмоции, врачи, горе, боль

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